



# BODY THERAPY at Club Meadowvale

Massage Therapy (60 minutes) \$80 –



Reflexology (60 minutes) \$80 –

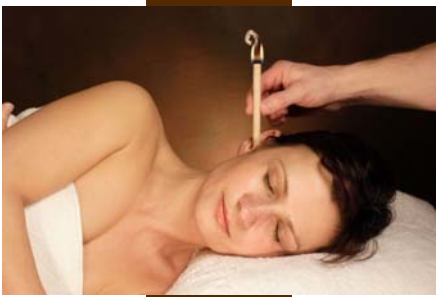
Reiki (60 minutes) \$80 –



Ear Candling/Energy Balancing (60 minutes) \$80 –

Nutritional Assessment (75 minutes) \$150 –

Nutritional Follow Ups (45 minutes) \$75 –



VO2 Max Fitness Testing (60 minutes) \$150 –

Total Body Composition Analysis (30 minutes) \$50 –



**"TAKE REST; A FIELD THAT HAS RESTED GIVES A BOUNTIFUL CROP" - OVID**