

SOCIAL PROGRAMS

SQUASH SINGLES LADDER

Players must organize to play one another over the course of the month with the winner of the box moving up and the loser going down to a weaker box. Players need to play a minimum of 2 matches per month.

For additional information, please contact Maria Galati ext. 6686

SQUASH HOUSE LEAGUE

Players will compete every Monday night, for 12 weeks. Teams are made up of players at different levels and will compete against other teams of similar levels. A schedule will be given to all players at the beginning of the fall & winter seasons.

Matches are between 6:00pm & 9:00pm.

Cost \$40 per session

Please register at reception.

This program includes all squash balls & the year-end racquets awards banquet.

FRIDAY NIGHT ROUND ROBIN

Drop in round robin every Friday night. There is not cost for this program. Fitness members pay a court fee

LESSON PROGRAMS

SQUASH CLINICS FOR 7-12 YEAR OLDS

This New program is an excellent introduction to the game of squash or for those that wish to just play. All strokes and strategies will be touched upon. Your child will learn the following skills while having fun and meeting new friends. Program is instructed by Shane Son Kee, squash professional. At the end of 10 weeks your child will learn the proper grip, forehand and back hand short hitting, the serve, forehand and back hand drive, footwork, forehand and back hand volley Drive, drop shots and the lob. We will finish off the clinics with a tournament to showcase your children's abilities.

Class Dates: Saturday September 19th -November 28th

Minimum 10 students per program

Saturday 10:30 am -11:30 am	10 weeks
Kids Club Member	\$99.00
Child member	\$110.00
Non Member	\$120.00

T&D SQUASH

Club Meadowvale hosts several competitive teams year round. These teams play against other clubs in the greater Toronto Area and are always looking for new recruits.

Men's C Team(s)
Men's D Team(s)

Matches are Thursdays
Matches are Tuesdays

7:00-9:30pm
7:00-9:30pm

Name _____

Tel # _____

Email _____

Program Choice

Day and Time Preference

Signature

Child name and date of birth.

Method of Payment (Please Circle)

Fall 2009




DELTA
MEADOWVALE
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SQUASH PROGRAMS