

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>eclectica e Hair Design</p> <p>May Special Relaxing Full Body Massage \$42.00</p>		<p>National Osteoporosis Awareness Month</p>	<p>High Blood Pressure Awareness Month</p>	<p>National Mental Health Month</p>	<p>Multiple Sclerosis Awareness Month</p>	<p>1 Recreational Spring Jr. Tennis ®</p>
<p>2 Buy Mom some flowers!</p>	<p>3 Spring Squash House League! ®</p>	<p>4 National Teacher Day!</p>	<p>5 New Members! Sign up for your complimentary Fitness evaluation today! ®</p>	<p>6 SPRING IS HERE!</p>	<p>7 Tennis & Squash Round Robin Every Friday! ®</p>	<p>8 Kids Club Boot Camp 10:00am</p>
<p>9 Happy Mother's Day</p>	<p>11 Better Sleep Month</p>	<p>11 One month until FIFA 2010 World Cup</p>	<p>12 stuff limited Wednesday and Thursday! Ladies Fashion Sale! 8:00am-8:00pm</p>	<p>13 Squash T & D Every Thursday 7:00pm</p>	<p>14 Bring Your Guest For Free Day * 1 guest per member * court fees applicable</p>	<p>15 Canoe the Credit! www.canoethecredit.ca</p>
<p>16 Intermediate Spring Jr. Tennis ®</p>	<p>17 Running Club w/Amanda Mondays 7:30pm-8:30pm ®</p>	<p>18 Adult Tennis Fitness 6:30 PM - 8:30 PM ®</p>	<p>19 Order a lunch wrap for \$9 at club reception!</p>	<p>20 Physical Fitness and Sports Month!</p>	<p>21 Outdoor Pool Opening Weekend! Weather permitting!</p>	<p>22 Hours 8:00am-5:00pm</p>
<p>23/30 23rd - Hours 8am-5pm</p>	<p>24/31 Happy Victoria Day 24th - Hours 8am-5pm</p>	<p>25 Equipment Orientation with Heidi Tuesdays 12:00pm-12:30pm ®</p>	<p>26 Member Social All Members Welcome 7:30pm Club Lounge Adult only event ®</p>	<p>27 Pick up a run/walk trail sheet from Reception!</p>	<p>28 Skin Cancer Prevention Month</p>	<p>29 Children's Dance Program ®</p>